

Lightning Aquatics Fall Invite '24 - 23/11/2024**Session Report**

Session: 1 Morning

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	1	Girls 10 & Over 400 IM
Finals	2	Boys 10 & Over 400 IM
Finals	3	Girls 200 Freestyle
Finals	4	Boys 200 Freestyle
Finals	5	Girls 50 Breaststroke
Finals	6	Boys 50 Breaststroke
Finals	7	Girls 9 & Over 100 Backstroke
Finals	8	Boys 9 & Over 100 Backstroke
Finals	9	Girls 50 Butterfly
Finals	10	Boys 50 Butterfly
Finals	11	Girls 10 & Over 200 Breaststroke
Finals	12	Boys 10 & Over 200 Breaststroke
Finals	13	Girls 100 Freestyle
Finals	14	Boys 100 Freestyle
Finals	15	Girls 10 & Over 200 Butterfly
Finals	16	Boys 10 & Over 200 Butterfly

Session: 2 Evening

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	17	Girls 12 & Over 800 Freestyle
Finals	18	Boys 12 & Over 800 Freestyle
Finals	19	Girls 9 & Over 100 Breaststroke
Finals	20	Boys 9 & Over 100 Breaststroke
Finals	21	Girls 50 Backstroke
Finals	22	Boys 50 Backstroke
Finals	23	Girls 200 IM
Finals	24	Boys 200 IM
Finals	25	Girls 9 & Over 100 Butterfly
Finals	26	Boys 9 & Over 100 Butterfly
Finals	27	Girls 10 & Over 200 Backstroke
Finals	28	Boys 10 & Over 200 Backstroke
Finals	29	Girls 50 Freestyle
Finals	30	Boys 50 Freestyle